

<b>PUVA schema voor psoriasis en mycosis fungoides (J/cm<sup>2</sup>)</b>						
Huidtype:	I	II	III	IV	V	VI
Start:	0.5	1.0	1.5	2.0	2.5	3.0
Ophogen:	20%	20%	20%	20%	20%	20%
Max stap:	1.0	1.0	1.5	1.5	1.5	1.5
1	0.5	1.0	1.5	2.0	2.5	3.0
2	0.6	1.2	1.8	2.4	3.0	3.6
3	0.7	1.4	2.2	2.9	3.6	4.3
4	0.8	1.7	2.6	3.5	4.3	5.2
5	1.0	2.0	3.1	4.2	5.2	6.2
6	1.2	2.4	3.7	5.0	6.2	7.4
7	1.4	2.9	4.4	6.0	7.4	8.9
8	1.7	3.5	5.3	7.2	8.9	10.4
9	2.0	4.2	6.4	8.6	10.4	12.0
10	2.4	5.0	7.7	10.1	12.0	12.0
11	2.9	6.0	9.2	11.6	12.0	12.0
12	3.5	7.0	10.7	12.0	12.0	12.0
13	4.2	8.0	12.0	12.0	12.0	12.0
14	5.0	9.0	12.0	12.0	12.0	12.0
15	6.0	10.0	12.0	12.0	12.0	12.0
16	7.0	10.0	12.0	12.0	12.0	12.0
17	8.0	10.0	12.0	12.0	12.0	12.0
18	9.0	10.0	12.0	12.0	12.0	12.0
19	10.0	10.0	12.0	12.0	12.0	12.0
20	10.0	10.0	12.0	12.0	12.0	12.0

Bron: PUVA therapie schema voor psoriasis en mycosis fungoides AMC (1990).