Questionnaire to evaluate risk of tuberculosis (TBC) infection.

Some patients may have a tuberculosis infection, without having symptoms. This bacteria may be present in the lungs. After starting certain medications (biologicals) called TNF-inhibitors (infliximab, adalimumab, etanercept, certolizumab, golimumab) the tuberculosis bacteria may become active.

For this reason it is necessary to perform screening laboratory investigations for tuberculosis (X-ray chest, Mantoux test, IGRA-blood test) if there is an increased risk. An increased risk is present in patients born before 1960, or in patients that are born in countries were tuberculosis occurs in more than 50 per 100.000 inhabitants.

Please answer the following questions and send it to your doctor:

(by mail, or email (poli.dermatologie@amsterdamumc.nl), or inbasket message in medical file)

- 1. Are you born in a country were tuberculosis occurs in more than 50 per 100.000 inhabitants. (see list of countries on next page)?
- No / Yes / Unknown
- 2. Did you lived or travelled for more than 3 months in a country were tuberculosis occurs in more than 50 per 100.000 inhabitants (see list of countries on next page)?
- No / Yes / Unknown
- 3. Are you born before 1960?
- No / Yes / Unknown
- 4. Did you ever had tuberculosis (TBC), or a positive Mantoux test or a lab result indicating a tuberculosis infection?
- No / Yes / Unknown
- 5. Did you ever had contact with a person with infective tuberculosis?
- No / Yes / Unknown
- 6. Do you work or did you work in healthcare?
- No / Yes / Unknown
- 7. Are you working with people with an increased risk for tuberculosis (immigrants, fugitives, people without a residence permit, homeless people, alcohol- and drug addicts, etc.) or did you work with these risk group in the past?
- No / Yes / Unknown
- 8. Do you belong or did you belong to the risk group for tuberculosis (immigrants, fugitives, people without a residence permit, homeless people, alcohol- and drug addicts, etc.)?
- No / Yes / Unknown

All no: low risk of tuberculosis infection, no investigations necessary (sometimes an X-ray of the chest is made to be sure).

One or more yes or unknown: screening investigations are necessary tuberculosis (X-ray chest, Mantoux test, IGRA-blood test). For the Mantoux test a small amount of tuberculosis antigen is injected in the arm, if a lump develops after 3 days, a previous contact with the bacteria is likely.

List of countries with increased tuberculosis incidence > 50/100.000 inhabitants (2022)

Afghanistan Ghana Niger
Algeria Greenland Nigeria

Angola Guinea Northern Mariana Islands

Azerbaijan Guinea-Bissau Pakistan
Bangladesh Guyana Palau
Benin Haiti Papua New Guinea

Bhutan India Peru

Bolivia (Plurinational State of) Indonesia Philippines
Botswana Kazakhstan Philippines

Brunei Darussalam Kenya Romania Burundi Kiribati Rwanda

Cambodia Kyrgyzstan Sao Tome and Principe

CameroonLao People's DemocraticSenegalCentral African RepublicRepublicSierra LeoneChadLesothoSolomon IslandsChinaLiberiaSomalia

ChadLesothoSolomon IslandsChinaLiberiaSomaliaCongoLibyaSouth AfricaCote d'IvoireMadagascarSouth Sudan

of Korea Malaysia Sudan
Democratic Republic of the Mali Tajikistan
Congo Marshall Islands Thailand

Malawi

Democratic People's Republic

CongoMarshall IslandsThailandDjiboutiMauritaniaTimor-LesteEl SalvadorMicronesia (Federated StatesTokelau

El Salvador
Equatorial Guinea
Eritrea
Eswatini
Micronesia (Federated States of)
Tuvalu
Uganda
Ukraine

Ethiopia Mozambique United Republic of Tanzania

Sri Lanka

Fiji Myanmar Uzbekistan
Gabon Namibia Viet Nam
Gambia Nauru Zambia
Georgia Nepal Zimbabwe